



MY GOAL PROGRAM DEVELOPMENT TOOL

For using this tool follow instructions at www.success-attitude.com/goals/goalprogram.html

Step No. 1: TAKE INVENTORY: Answer the following questions carefully. Avoid giving one word answers like 'good' or 'bad'. Rather justify your answers. As you make efforts to justify, you will be forced to think critically that will prove beneficial in later stage.

What are the things in existence that makes me happy?

What is my financial position as of today?

How secured I feel, emotionally and financially?

Do I have peace of mind, or I suffer from discontentment?

What is the status of my relationship with family and friends? What are the best things in my relationships and what is it that might be a problem?



Step No. 2 PREPARE WILD LIST: In the space given below write down all that you want in life. Try to be as specific as possible, and do not pre-judge. Take two days time and add whatever comes to your mind weather material goals or those that money can not buy.



Step No. 3: TRY TO FIND THE 'WHY' FOR EVERY GOAL Try to answer in one clear line as to why you want to achieve each of the goal you have written in wild-list. Strike those of, for which you are unable to give a clear answer.

Goal from the Wild List	Why I Want to Achieve this Goal?



Step No. 7: BREAK DOWN LONG TERM GOALS INTO SHORT TERM GOALS

Long Term Goals	Intermediate Short Term Goals leading to the Long Term Goal	Target Date